

CINDY'S GIRLS PRESENTS

# SLOW DOWN FOR WHAT?! FIGHT LIKE A GIRL!

## WOMEN'S SELF-DEFENSE CLASS

- EMPOWERMENT
- SELF-CONFIDENCE
- PROTECT YOURSELF
- SHARPER FOCUS
- POSITIVE ATTITUDE

*Instructor* **DAVE GOSHAY**

**NOVEMBER 18 | 11 - 1:00 PM**

///////// COST: **\$15** //////////



Givelify



CashApp

IN PARTNERSHIP WITH  
**ERIC BLACKMON**



**HIDDEN LAKE PARK**  
6355 BROADWAY  
MERRILLVILLE, IN 46410



CASH APP:  
**\$cindygirls1**